

A Joint
Program Of



Emerson Hospital

Premium Care. Personal Touch.

first
connections

Early Childhood
Intervention
Program

The new mother's support group is a forum for you to meet other new mothers, share your experiences, and seek guidance about any concern you might have about yourself and your baby. Our group is:

- * **Open to all new mothers**
- * **Free of charge**
- * **Available for as long as it is helpful to you**
- * **Locally-based, meeting in Acton**
- * **Open discussion format**
- * **Professionally facilitated and confidential**
- * **Full of resources, ideas, and potential friendships**
- * **Always staffed by a certified lactation professional**



New Mother's Support Group

Meets on Wednesdays, 1:00 to 2:30 p.m.

(on school vacation weeks, check First Connections' Facebook page to see if the group will be meeting or not)

Meets at 179 Great Road, Unit 104A, Acton

Ongoing Group—No pre-registration needed

Call 978-429-8284 or email imatthews@jri.org for directions

First Connections is a Mass. Dept. of Early Education & Care Coordinated Family & Community Engagement grant program, a program of Justice Resource Institute. Additional funding for this program was received by Emerson Hospital Pediatric Intervention Team and Postpartum Support International. Format provided by Emerson Hospital.